

Rice Medical Center Dining Room Buffet Menu

October 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Fried Fish Baked Potato Cole Slaw	2 Roasted Chicken Wild Rice Veggies
3 Lasagna Tossed Salad	4 Meat Loaf Mac 'n' Cheese Fried Okra	5 Beef/Chicken Fajitas Rice Beans	6 Grilled Steak Roasted Potatoes Squash	7 Fried Chicken Mashed Potatoes Broccoli or Corn	8 Citrus Tilapia Rice Pilaf Spinach	9 Pork Roast Baked Sweet Potato Steamed Cabbage
10 Chicken Spaghetti Tossed Salad	11 Pot Roast Carrots Potatoes	12 Grilled Pork Chops Noodles Sweet Peas	13 Chicken Fried Steak Rice Green Beans	14 Fried Fish Baked Potato Cole Slaw	15 Roasted Chicken Wild Rice Veggies	16 Lasagna Tossed Salad
17 Meat Loaf Mac 'n' Cheese Fried Okra	18 Beef/Chicken Fajitas Rice Beans	19 Grilled Steak Roasted Potatoes Squash	20 Fried Chicken Mashed Potatoes Broccoli or Corn	21 Citrus Tilapia Rice Pilaf Spinach	22 Pork Roast Baked Sweet Potato Steamed Cabbage	23 Chicken Spaghetti Tossed Salad
24 Pot Roast Carrots Potatoes	25 Grilled Pork Chops Noodles Sweet Peas	26 Chicken Fried Steak Rice Green Beans	27 Fried Fish Baked Potato Cole Slaw	28 Roasted Chicken Wild Rice Veggies	29 Lasagna Tossed Salad	30 Meat Loaf Mac 'n' Cheese Fried Okra
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