

Rice Medical Center Dining Room Buffet Menu

January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Roasted Chicken Wild Rice Veggies
2 Lasagna Tossed Salad	3 Meat Loaf Mac 'n' Cheese Fried Okra	4 Beef/Chicken Fajitas Rice Beans	5 Grilled Steak Roasted Potatoes Squash	6 Fried Chicken Mashed Potatoes Broccoli or Corn	7 Citrus Tilapia Rice Pilaf Spinach	8 Pork Roast Baked Sweet Potato Steamed Cabbage
9 Chicken Spaghetti Tossed Salad	10 Pot Roast Carrots Potatoes	11 Grilled Pork Chops Noodles Sweet Peas	12 Chicken Fried Steak Rice Green Beans	13 Fried Fish Baked Potato Cole Slaw	14 Roasted Chicken Wild Rice Veggies	15 Lasagna Tossed Salad
16 Meat Loaf Mac 'n' Cheese Fried Okra	17 Beef/Chicken Fajitas Rice Beans	18 Grilled Steak Roasted Potatoes Squash	19 Fried Chicken Mashed Potatoes Broccoli or Corn	20 Citrus Tilapia Rice Pilaf Spinach	21 Pork Roast Baked Sweet Potato Steamed Cabbage	22 Chicken Spaghetti Tossed Salad
23 Pot Roast Carrots Potatoes	24 Grilled Pork Chops Noodles Sweet Peas	25 Chicken Fried Steak Rice Green Beans	26 Fried Fish Baked Potato Cole Slaw	27 Roasted Chicken Wild Rice Veggies	28 Lasagna Tossed Salad	29 Meat Loaf Mac 'n' Cheese Fried Okra
30 Beef/Chicken Fajitas Rice Beans	31 Grilled Steak Roasted Potatoes Squash					