

Rice Medical Center Dining Room Buffet Menu

October 2022

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|---|--|--|---|
| | | | | | | 1 Roasted Chicken Wild Rice Veggies |
| 2 Lasagna Tossed Salad | 3 Meat Loaf Mac 'n' Cheese Fried Okra | 4 Tacos/Taco Bowl Rice Beans | 5 Grilled Steak Roasted Potatoes Squash | 6 Fried Chicken Mashed Potatoes Broccoli or Corn | 7 Citrus Tilapia Rice Pilaf Spinach | 8 Pork Roast Baked Sweet Potato Steamed Cabbage |
| 9 Chicken Spaghetti Tossed Salad | 10 Pot Roast Carrots Potatoes | 11 Grilled Pork Chops Noodles Sweet Peas | 12 Chicken Fried Steak Rice Green Beans | 13 Fried Fish Baked Potato Cole Slaw | 14 Roasted Chicken Wild Rice Veggies | 15 Lasagna Tossed Salad |
| 16 Meat Loaf Mac 'n' Cheese Fried Okra | 17 Tacos/Taco Bowl Rice Beans | 18 Grilled Steak Roasted Potatoes Squash | 19 Fried Chicken Mashed Potatoes Broccoli or Corn | 20 Citrus Tilapia Rice Pilaf Spinach | 21 Pork Roast Baked Sweet Potato Steamed Cabbage | 22 Chicken Spaghetti Tossed Salad |
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