

Rice Medical Center Lunch Menu

July 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Meat Loaf Mac 'n' Cheese Fried Okra	2 Tacos/Taco Bowl Rice Beans	3 Hamburger Steak w/ Gravy Roasted Potatoes Squash	4 Fried Chicken Mashed Potatoes Broccoli or Corn	5 Citrus Tilapia Rice Pilaf Spinach	6 Pork Roast Baked Sweet Potato Steamed Cabbage
7 Chicken Spaghetti Tossed Salad	8 Pot Roast Carrots Potatoes	9 Grilled Pork Chops Noodles Sweet Peas	10 Chicken Fried Steak Rice Green Beans	11 Fried Fish Baked Potato Cole Slaw	12 Roasted Chicken Wild Rice Veggies	13 Lasagna Tossed Salad
14 Meat Loaf Mac 'n' Cheese Fried Okra	15 Tacos/Taco Bowl Rice Beans	16 Hamburger Steak w/ Gravy Roasted Potatoes Squash	17 Fried Chicken Mashed Potatoes Broccoli or Corn	18 Citrus Tilapia Rice Pilaf Spinach	19 Pork Roast Baked Sweet Potato Steamed Cabbage	20 Chicken Spaghetti Tossed Salad
21 Pot Roast Carrots Potatoes	22 Grilled Pork Chops Noodles Sweet Peas	23 Chicken Fried Steak Rice Green Beans	24 Fried Fish Baked Potato Cole Slaw	25 Roasted Chicken Wild Rice Veggies	26 Lasagna Tossed Salad	27 Meat Loaf Mac 'n' Cheese Fried Okra
28 Tacos/Taco Bowl Rice Beans	29 Hamburger Steak w/ Gravy Roasted Potatoes Squash	30 Fried Chicken Mashed Potatoes Broccoli or Corn	31 Citrus Tilapia Rice Pilaf Spinach			