

# Rice Medical Center Lunch Menu

**October 2024**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> Tacos/Taco Bowl Rice Beans	<b>2</b> Hamburger Steak w/ Gravy Roasted Potatoes Squash	<b>3</b> Fried Chicken Mashed Potatoes Broccoli or Corn	<b>4</b> Citrus Tilapia Rice Pilaf Spinach	<b>5</b> Pork Roast Baked Sweet Potato Steamed Cabbage
<b>6</b> Chicken Spaghetti Tossed Salad	<b>7</b> Pot Roast Carrots Potatoes	<b>8</b> Grilled Pork Chops Noodles Sweet Peas	<b>9</b> Chicken Fried Steak Rice Green Beans	<b>10</b> Fried Fish Baked Potato Cole Slaw	<b>11</b> Roasted Chicken Wild Rice Veggies	<b>12</b> Lasagna Tossed Salad
<b>13</b> Meat Loaf Mac 'n' Cheese Fried Okra	<b>14</b> Tacos/Taco Bowl Rice Beans	<b>15</b> Hamburger Steak w/ Gravy Roasted Potatoes Squash	<b>16</b> Fried Chicken Mashed Potatoes Broccoli or Corn	<b>17</b> Citrus Tilapia Rice Pilaf Spinach	<b>18</b> Pork Roast Baked Sweet Potato Steamed Cabbage	<b>19</b> Chicken Spaghetti Tossed Salad
<b>20</b> Pot Roast Carrots Potatoes	<b>21</b> Grilled Pork Chops Noodles Sweet Peas	<b>22</b> Chicken Fried Steak Rice Green Beans	<b>23</b> Fried Fish Baked Potato Cole Slaw	<b>24</b> Roasted Chicken Wild Rice Veggies	<b>25</b> Lasagna Tossed Salad	<b>26</b> Meat Loaf Mac 'n' Cheese Fried Okra
<b>27</b> Tacos/Taco Bowl Rice Beans	<b>28</b> Hamburger Steak w/ Gravy Roasted Potatoes Squash	<b>29</b> Fried Chicken Mashed Potatoes Broccoli or Corn	<b>30</b> Citrus Tilapia Rice Pilaf Spinach	<b>31</b> Pork Roast Baked Sweet Potato Steamed Cabbage		